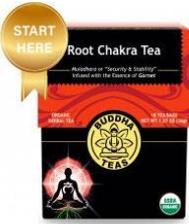




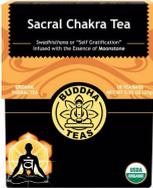
## CHAKRA TEAS

### Root Chakra Tea Feel Safe



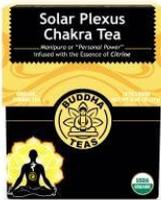
Organic Raspberry Leaf	Raspberry Leaf, a star tea ingredient known to support women's reproductive & urinary systems, but beneficial for organs throughout the body, including the skin. Cultivated from the raspberry plant, it's an obvious choice for this tea.
Organic Cloves	Cloves, another red-tinted inclusion, are actually the aromatic bud of an evergreen tree native to Indonesia. Rich in nutrients, cloves are also known to aid digestion, protect the liver, & even act as an immune booster.
Organic Hibiscus Flower	Hibiscus Flower, part of the "mallow family," is also called rose mallow, indicating its frequent red hue. Known to aid digestion, some studies have concluded that hibiscus tea also lowers cholesterol & blood pressure.
Organic Dandelion Root	Dandelion Root, another nutrient-rich plant, the dandelion can help with digestion, the kidneys, as well as boosting the gallbladder's bile production, & detoxifying the liver, which makes this an important addition.
Organic Ashwagandha Root	Ashwagandha Root, has been proven, in some studies, to lower cortisol (the stress hormone), which would make this herb a potent anti-aging addition to our this Tea. Also noteworthy is its popularity among those seeking to heal & enhance their sexual potency.

### Sacral Chakra Tea Creative, Sensual, Connect



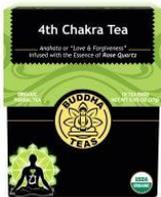
Organic Calendula Flower	Calendula Flower, A known anti-inflammatory; supports menstrual comfort
Organic Burdock Root	Burdock Root, Aids digestion; powerful anti-inflammatory & antibacterial
Organic Fennel Seed	Fennel Seed, Supports a happy gastrointestinal tract; encourages respiratory health
Organic Dong Quai Root	Dong Quoi Root, Nicknamed the "female ginseng," well reputed as a tonic for women
Organic Damiana Leaf	Damiana Leaf, Reputed to work as an aphrodisiac
Organic Ginger Root	Ginger Root, Excellent for digestive comfort

### Solar Plexus Chakra Tea Energy Centre



Organic Rosemary	Rosemary, is an aromatic & hardy evergreen shrub. Included in traditional Mediterranean dishes, this versatile herb also maintains a strong reputation as a healer, as it is considered an antioxidant filled with nutrients.
Organic Lemongrass	Lemongrass, has a tangy & cool profile, with a hint of mint, & is quite multifaceted as a culinary & medicinal herb. Employed to assist in reducing fevers, as well as aiding a persnickety tummy, lemongrass is an obvious partner herb for this Tea.
Organic Ginger Root	Ginger Root, one of the most popular spices worldwide. Ancient & well regarded medicinally, beloved as an addition in Asian foods, it is included in this Tea for a reason: its fiery nature assists in fortifying the fire element vital to the health of the 3rd chakra.
Organic Orange Peel	Orange Peel, known as an energizer & immune booster, when added to tea brings a distinctive sweetness and delightful aroma to the mix.
Organic Marshmallow Leaf	Marshmallow Leaf, Incredibly soothing, moistening, and known to cool the system, this 2000+ year old herb accompanies this tea blend with purpose. Especially helpful to calm the gut, its health benefits extend to the respiratory system and skin.

### 4th Chakra Tea Focused at the Heart



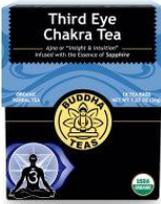
Organic Hawthorn Berry	The berries of hawthorn, known to foster trust and encourage confidence in following your heart
Organic Hawthorn leaf	The leaves of hawthorn also known to foster trust and encourage confidence in following your heart
Organic Lavender	From relieving anxiety, to supporting regular and healthy sleep, to even supposedly improving brain function
Organic Jasmine Flower	Jasmine flowers included in the tea are not only wonderfully fragrant, but also offers a smooth, slightly sweet taste that is both relaxing and refreshing.
Organic Hyssop	This mint family herb helps bring relief for the symptoms of lung and upper respiratory problems like the common cold, bronchitis, catarrh, and asthma, as it is antispasmodic, sweat-inducing and an expectorant.

### 5th Chakra Tea Communication, self-expression



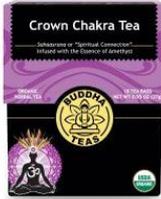
Organic Licorice Root	Helps with digestive issues, this choice for our 5th Chakra Tea also boasts intense power to help sooth and revive those dealing with throat troubles.
Organic Slippery Elm Bark	Slippery Elm Bark, is native to North America, and a key natural remedy employed when seeking to comfort the throat.
Organic Marshmallow	Marshmallow Leaf, is classified as an herb, and it contains a substance called amygdalin (also found in blackberry leaves), which makes it useful in Traditional Chinese Medicine to quiet coughs.
Organic Wild Cherry Bark	Wild Cherry Bark contains a substance that traditional Chinese Medicine physicians like to use to quiet coughs
Organic CinnamonBark	Cinnamon, in Chinese Medicine, cinnamon is also used to help ease the pain of sore throats.
Organic Fennel Seed	Fennel Seed, another beneficial inclusion to this remarkable blend that contributes to the healing of throat issues.
Organic Orange Peel	Orange Peel, not only a delightful taste sensation, orange peel provides further assistance when seeking to heal the throat.

**Third Eye Chakra Tea**  
Insight & Intuition



Organic Eyebright	Eyebright Herb, A flower resembling the orchid, eyebright is nutrient-rich, and well known to assist with inflammation of the eyes and nasal passages.
Organic Jasmine Flower	Jasmine Flower, Mood boosting, stress relieving, hormone balancing, we've included, jasmine flower to add a hint of sweet, and a heavenly scent.
Organic Spearmint Leaf	Spearmint Leaf, Typically used to treat stomach issues, this member of the mint family is subtle, yet noticeably delightful.
Organic Passion Flower	Star Anise Seed, Known to assist with a multitude of health issues, this addition to our blend just makes sense.
Organic Star Anise Seed	Passion Flower, Hundreds of years before being introduced to European explorers, passion flower was being utilized as a mild sedative.

**Crown Chakra Tea**  
Spiritual Understanding



Organic Lavender	Balanced with lavender for relieving anxiety, supporting regular and healthy sleep & even supposedly improving brain function
Organic Nutmeg Seed	A nice pinch of nutmeg as an anti-inflammatory and antimicrobial and can help with anxiety.
Organic Rose Petal	Soothes sore throats, contains antioxidants, enhances mood, relieves headaches and has an exquisite flavor

# BUDDHA TEAS®

## CBD TEAS

### Water-Soluble vs. Oil Based CBD

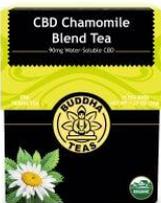
Not all CBD-infused teas are the same. CBD oil-based teas can't extract in hot water. Our CBD Teas are crafted using nanosized particles of water-soluble CBD, our innovative process ensures that the CBD we claim to include in our tea bags actually ends up in your tea. With water-soluble, bioavailable CBD, feel confident that the CBD extracts into the hot tea, giving your body full delivery, and the most benefits possible.

**CBD Matcha Tea**  
Matcha & Sencha blend



Organic Japanese Matcha	Antioxidant properties known to reduce the presence of free radicals in the body helping with anti-aging & contributing to the maintenance of healthy cells.
Sencha	Green tea contains the powerful amino acid L-theanine, which is able to cross the blood-brain barrier & thus, can potentially make you smarter! Further, L-theanine contributes to your body's ability to produce its own GABA, which is often taken when wishing to reduce anxiety.
CBD	Touting that green tea may help you live longer, as some have claimed, may not be all that fantastical, considering the many, seemingly miraculous benefits of consuming green tea

**CBD Chamomile Blend Tea**  
Balanced & Calming



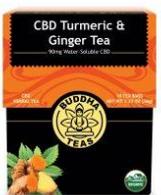
Organic Chamomile	Chamomile is best known as a relaxant, digestive aid, and all-around daily delight. Many have found relief using chamomile to help combat depression.
Organic Lemon Balm	Reputable studies have confirmed lemon balm's efficacy as a powerful relaxant and antiviral.
Organic Lavender Flower	This distinct herb is reputed to bring deep calm to body, mind, and spirit. It has also been known to help heal bug bites and other skin issues
CBD	

**CBD Mint Tea**  
Digestive support & nerve tonic



	Digestive issues: nausea, gas & bloating, possibly IBS.
Organic Peppermint Leaf	As an antispasmodic, peppermint, along with water-soluble CBD, has assisted with respiratory issues.
CBD	Menthol, an organic compound found in peppermint, and known for its cooling properties, is widely known to help reduce fevers. In vitro, peppermint has proven to be an antibacterial. It can assist with bad breath.

**CBD Turmeric Ginger Tea**  
Soothes joints, warms the spirit



Organic Turmeric Root	The combination of turmeric and ginger in tea is a winner when seeking a warming, stimulating cup. Considered close Both are excellent sources of vitamins C, E, K & B6 & include the minerals potassium, magnesium, copper, calcium & manganese. They provide a substantial amount of dietary fibre, protein, amino acids, phytosterols & essential fatty acids & carry an abundance of antioxidant elements.
Organic Ginger Root	
Organic Black Pepper	
CBD	